

RHYTHM, RIGHTS, RESPECT

AN EXPERIENTIAL MUSIC-BASED WORKSHOP PROMOTING RESPECTFUL
RELATIONSHIPS AMONG YOUNG PEOPLE



Duration: 3 Hours

Target Age: Secondary Students, Years 7-9

Facilitators: Registered Music Therapists, Teachers and Public Health Workers

Engrained cultural issues of gender inequality are the leading contributor to gender-based violence which currently sees more than 1 woman die at the hands of a partner or former partner in Australia every week. Young people are key to breaking the cycles of ignorance and acceptance around Family Violence statistics and are supported through this workshop to recognise and understand that their strengths, behaviours and responses in interactions with others, can determine the future of gender equality and safety for all in Australia.

PaKT4Change Rhythm Rights Respect Workshops offer fun music-making and interactive opportunities that prompt participants to safely explore their roles and responses to:

- Peer relationships
- Power imbalances
- Influential behaviours
- Gender bias
- Cues and warning signs in others



The workshop is designed to align with national efforts and existing classroom teaching towards the primary prevention of violence against women and their children in Australia. Workshops can cater for up to 40 students and work around a recess or lunch break. Participating students do NOT require any prior music engagement or knowledge.

For more information or to book, please contact us:

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